

LATINA ACHIEVERS IN SEARCH OF SUCCESS



Latina Achievers in Search Of Success (LASOS)

engages 6th grade girls and their mothers or significant female in their lives in a resiliency-building program focusing on

- Self-Exploration
- Personal Development
- Mindfulness Activities (Yoga, Meditation, Nutrition, Etc)
- Cultural Enrichment
- Early College Awareness
- Career Exploration
- Community Engagement

**Beginning on
Tuesday, October 14, 2025**

**Tuesdays and Thursdays
from 2:30pm - 4:45pm**

**Sullivan Building, Room 108
Worcester State University
486 Chandler St. Worcester, MA**

To register for this afterschool program,
scan here!



Program is FREE



**Transportation and Snacks
Provided**

For more information, please contact **Isalby Martinez** at **917-399-0711** or via email at **imartinez@worcester.edu** or **Kathy Orengo** at **508-929-2460** or via email at **korengo@worcester.edu**

LATINO EDUCATION INSTITUTE
A PLACE TO LEARN, EXPLORE AND GROW



LATINA ACHIEVERS IN SEARCH OF SUCCESS



Latina Achievers in Search Of Success (LASOS) está conformado por niñas Latinas del sexto grado y sus madres o una mujer importante en sus vidas. LASOS es un programa de enriquecimiento personal y colectivo, enfocándose en:

- Autoexploración
- Desarrollo Personal
- Actividades de Mindfulness (Yoga, Meditación, Nutrición, etc).
- Enriquecimiento Cultural
- Preparación Temprana para ingresar a la Universidad
- Búsqueda de una Carrera Profesional
- Compromiso con la Comunidad

**A partir del
martes 14 de octubre de 2025**

**martes y jueves
de 2:30pm - 4:45pm**

**Sullivan Building, Aula 108
Worcester State University
486 Chandler St. Worcester, MA**

Para inscribirse en este programa
extraescolar, **escanee aquí!**



El programa es GRATUITO



**Se brindará transporte y
meriendas**

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UN LUGAR PARA APRENDER, EXPLORAR Y CRECER

