



WORCESTER
STATE
UNIVERSITY

UPWARD BOUND PROGRAM

The Upward Bound program at Worcester State University is designed to encourage eligible students to persist in school through graduation and to pursue a post-secondary education after the completion of high school.

Services are free and include:

- College visits
- College admission information sessions
- Financial aid assistance
- Career counseling
- Academic skill development
- Academic assistance
- Cultural enrichment activities
- Self-awareness activities

Upward Bound has two components:

Academic Year Component

Students participate in workshops designed to build and improve their academic skills. Students participate in exercises designed to increase skills in problem solving, critical thinking, self-awareness, time management, interpersonal/intrapersonal communication skills, group dynamics, and much more.

The workshops take place on Saturdays from 9:30 AM until 12:30 PM. Lunch will be provided. There are approximately 22 Saturday workshops during the academic year.

Summer Residential Component

Summer participants attend academic enrichment courses in English, Science, Math, Spanish, and Problem Solving/Self-Awareness workshops for five weeks. In addition to courses, students have the opportunity to visit both public and private schools. Students will also attend weekly cultural and educational field trips.

All Should Apply

Upward Bound primarily recruits 9th grade students along with 10th grade students who demonstrate the motivation and desire to succeed, and who are interested in going to college. Student who identify as either of the following are eligible to apply

- First generation students – those who are the first in their family to attend college
- Low income – those who qualify for free or reduced lunch
- ALANA students – Asian, Latino, African, and Native American

For additional information, speak with your guidance counselor or contact the Upward Bound Coordinator at (508) 929 – 8909 or the Office of Multicultural Affairs at (508) 929 – 8049.

The Worcester Public Schools is not responsible for, or connected with, any aspect of this program and participation in this program is the sole decision and responsibility of the parent/guardian.

Have you previously applied to the Upward Bound program at Worcester State University? If so, please indicate the semester and year. N____ or Y _____

Name: _____ Gender: Female Male
Last First M.I. Shirt Size: S M L XL XLL

Address: _____
Number and Street Apt. #

City State Zip Code Home / Cell Phone (circle)

Email: _____

Date of Birth: ___/___/___ (mm/dd/yy) SASID #: _____

Ethnic Origin

- African African-American Asian or Pacific Islander Caucasian
 Bi-Racial (Specify) _____ Cape Verdean Latino/a
 Native American Middle Eastern Other (Specify) _____

Citizenship

- United States Citizen Permanent U.S. Resident Non-United States Citizen

School Information

Name of High School: _____ Grade: _____

Expected Graduation Date: _____

List any other high school(s) you have attended: _____

Do you currently receive free or reduced lunch? Yes No

Name of Middle/Junior High School: _____

Name of **current** Guidance Counselor: _____

Have you ever been disciplined for misconduct, suspended, or expelled from junior high or high school? Yes No If yes, please explain:

Are you currently involved or have been involved with the juvenile court system?

Yes No If yes, please explain: _____

Family Information

Name: _____ Name: _____
Parent/Guardian living in your home Parent/Guardian living in your home

Number of brothers: _____ Number of sisters: _____ Total household number: _____

Highest level of education completed by father/guardian:

Grade School High School Associate Bachelor Master

Highest level of education completed by mother/guardian:

Grade School High School Associate Bachelor Master

Language most frequently spoken at home: _____

Program Commitment

Will you be available to attend all scheduled Saturday workshops? Yes No

If no, please explain: _____

Are you interested or currently participating in a sport or club? Yes No

If yes, please explain: _____

Worcester State University Upward Bound Program

High School *Guidance* Reference Form

The Upward Bound program is actively seeking 9th and 10th grade students who have demonstrated motivation and dedication to continuing their education beyond the high school experience. Eligible participants are those who continuously demonstrate academic capabilities consistent with post-secondary standards. We strongly encourage students who are eligible for free or reduced lunch, and/or first in their family to go to college, and/or students who identify as ALANA/BIPOC to apply. **Please provide a transcript to the student to ensure a complete application.**

Applicant name: _____
(please print)

1. Based on this student's academic record, how would you rate the applicant on academic achievement?

High Achiever Average Achiever Low Achiever

Comments: _____

2. Rate how well you know the student using a scale from 1 to 10. _____ (1 not yet well- 10- very well)

Comments: _____

3. How would you characterize the overall demeanor and attitude of this student within the school setting?

Excellent Satisfactory Unsatisfactory

Comments: _____

4. Based on the applicant's current academic performance, which of the following options should the applicant pursue after high school?

4-year college 2-year college Vocational Job Training

Comments: _____

5. How would you characterize the applicant's potential for completing a post-secondary education program?

Excellent Satisfactory Unsatisfactory

Comments: _____

Guidance Counselor Name (print)

Signature

Date

Worcester State University Upward Bound Program
High School Teacher Reference Form

The Upward Bound program is actively seeking 9th and 10th grade students who have demonstrated motivation and dedication to continuing their education beyond the high school experience. Eligible participants are those who continuously demonstrate academic capabilities consistent with post-secondary standards. We strongly encourage students who are eligible for free or reduced lunch, and/or first in their family to go to college, and/or students who identify as ALANA/BIPOC to apply. **This reference form is to be completed by an English, Math, History or Science teacher.**

Applicant Name: _____
(please print)

1. Based on this student's academic record, how would you rate the applicant on academic achievement?

- High Achiever Average Achiever Low Achiever

Comments: _____

2. Rate how well you know the student using a scale from 1 to 10. _____

Comments: _____

3. How would you characterize the overall demeanor and attitude of this student within the school setting?

- Excellent Satisfactory Unsatisfactory

Comments: _____

4. Based on the applicant's current academic performance, which of the following options should the applicant pursue after high school?

- 4-year college 2-year college Vocational Job Training

Comments: _____

5. How would you characterize the applicant's potential for completing a post-secondary education program?

- Excellent Satisfactory Unsatisfactory

Comments: _____

High School Teacher Name (print)

Course

Signature

Worcester State University Upward Bound Program

Student Essay Form

Read the question and answer it as best as you can in 225 words or less. Type your response and attach it to your packet. **(TYPED ESSAY IS REQUIRED)**. Your essay will be evaluated for spelling and grammar. Students must sign this essay form below.

Discuss your high school academic and personal goals and include all activities that you are involved with. Additionally, please discuss your plans once you graduate from high school.

Student Name (print)

Signature

Date

WORCESTER PUBLIC SCHOOLS STUDENT RECORD RELEASE FORM

Recent state legislation makes it necessary for schools to obtain release forms from parents of students under age 14 before information on the student is sent to private or parochial schools, vocational schools, other public school systems, or any other third party. The following information will be forwarded based on permission being granted by the parent.

	<u>Permission Granted</u>	<u>Permission Denied</u>
● Name, address, and other identifying information	___ <u>x</u> ___	_____
● School subjects taken	___ <u>x</u> ___	_____
● Letter grades or evaluation for those subjects	___ <u>x</u> ___	_____
● Objective test data	_____	_____
● Attendance record	___ <u>x</u> ___	_____
● Health record	_____	_____
● Other temporary record information, i.e.;	___ <u>x</u> ___	_____
Team evaluation reports, psychological reports, etc.		

I give permission for the Worcester Public Schools to forward copies of the school records checked for _____

Name of Student

to the UPWARD BOUND Program(WORCESTER STATE UNIVERSITY)

Name of School System or Third Party

I give permission for _____

Name of **High School** or Third Party

To forward the school records checked above for _____

Name of Student

To:

Upward Bound

Name of School

Worcester State University – 486 Chandler Street, Worcester, MA 01602

School Address

Signature of Parent

Date

DESTRUCTION OF RECORDS: Five years after a student leaves or transfers from a Worcester Public School, his/her temporary school record shall be destroyed. You have a right to examine and receive a copy of that record any time prior to that destruction.

Worcester State University
Upward Bound
Completed Application Checklist

Applicant Checklist

Before submitting your application, please verify that the following documents have been reviewed, signed, and completed. **Your application WILL NOT be reviewed and considered INCOMPLETE if missing the following required documents:**

- Personal Identification _____
- Ethnic Origin _____
- Citizenship _____
- School Information _____
- Disciplinary Conduct _____
- Family Information _____
- Program Commitment _____
- H.S. Guidance Reference _____
- H.S. Teacher Reference _____
- H.S. Transcript _____
- Parent Questionnaire _____
- Student Essay _____
- Student Record Release _____