

WELLNESS

Counseling Services

Student Center, Room 325, Ext. 8072
worchester.edu/sp-counseling

- Free, confidential mental health counseling—call or email to schedule an appointment
- Individual counseling
- Crisis intervention—Same day, walk-in appointments available
- Group counseling
- Suicide prevention and response
- Sexual violence response
- Substance abuse counseling

Health Services

Sheehan Hall, 1st floor, Ext. 8875
worchester.edu/health-services
health_services@worchester.edu

- Ensure that your records are completed to avoid delays in registration and processing
- Get help if you are not feeling well
- Ask any health-related questions

Recreation & Wellness Center

Wellness Center, Ext. 8158
wsulancers.com

- Explore programs like Intramurals, Group Exercise classes & the Korzec Golf Simulator
- Drop in for a workout in the DeFeudis Fitness Center
- Join us from home with Virtual Recreation & Wellness Resources
- Check out other services like Bike & Equipment Rentals, Personal Training, and Wellness Coaching

SNAP

(Supplemental Nutrition Assistance Program)
Sullivan, Room 129A
worchester.edu/theas-pantry
UAI@worchester.edu

- Confidential, peer support
- Provides food purchasing assistance for low- and no-income students
- Get information about the SNAP program, participant eligibility, and submit applications for SNAP benefits

Student Accessibility Services

Administration, Room 131, Ext. 8733
worchester.edu/student-accessibility-services

- Request exam/class-related accommodations
- Request note-taking services
- Request interpreting accommodations
- Request assistive technology

Thea's Pantry

Student Center, Room 345
worchester.edu/theas-pantry
theaspantry@worchester.edu

- Provides food for WSU community members in need
- A WSU OneCard is required when using the pantry
- Pantry is open Tuesday, Wednesday, Thursday 11am -7pm

ACADEMIC SUPPORT SERVICES

Academic Success Center

Administration, Room 130, Ext. 8139
worchester.edu/academicsuccess

Students looking for more support in their coursework can take advantage of the Peer 2 Peer (P2P) program. The P2P program matches students in groups of 2-4 individuals who are in the same course and looking to meet in-person or remotely for study sessions and/or overall academic support.

Math Center

Sullivan, Room 140, Ext. 8810
worchester.edu/sp-math-center

The Math Center services are designed to enhance your learning and success in any course that contains mathematical components. The center's peer tutors provide a conceptual mathematical understanding that enables students to succeed in courses and complete assignments independently.

Spanish Clinic

Sullivan, Room 302-B
worchester.edu/sp-spanish-clinic

The Spanish Clinic is a free tutoring service where students of any level of Spanish can practice language skills. Advanced Spanish students work as tutors to help their peers with grammar reviews, homework, conversational practice, feedback on class presentations or writing, and more.

Writing Center

Sullivan, Room 306, Ext. 8112
worchester.edu/sp-writing-center

The Worcester State Writing Center is a space where students have productive conversations about their writing with friendly, knowledgeable peer consultants. Student writers can make in-person, synchronous and asynchronous appointments by emailing writingcenter@worchester.edu to schedule a session. All services at the Writing Center are offered free of charge.



WORCESTER
STATE
UNIVERSITY

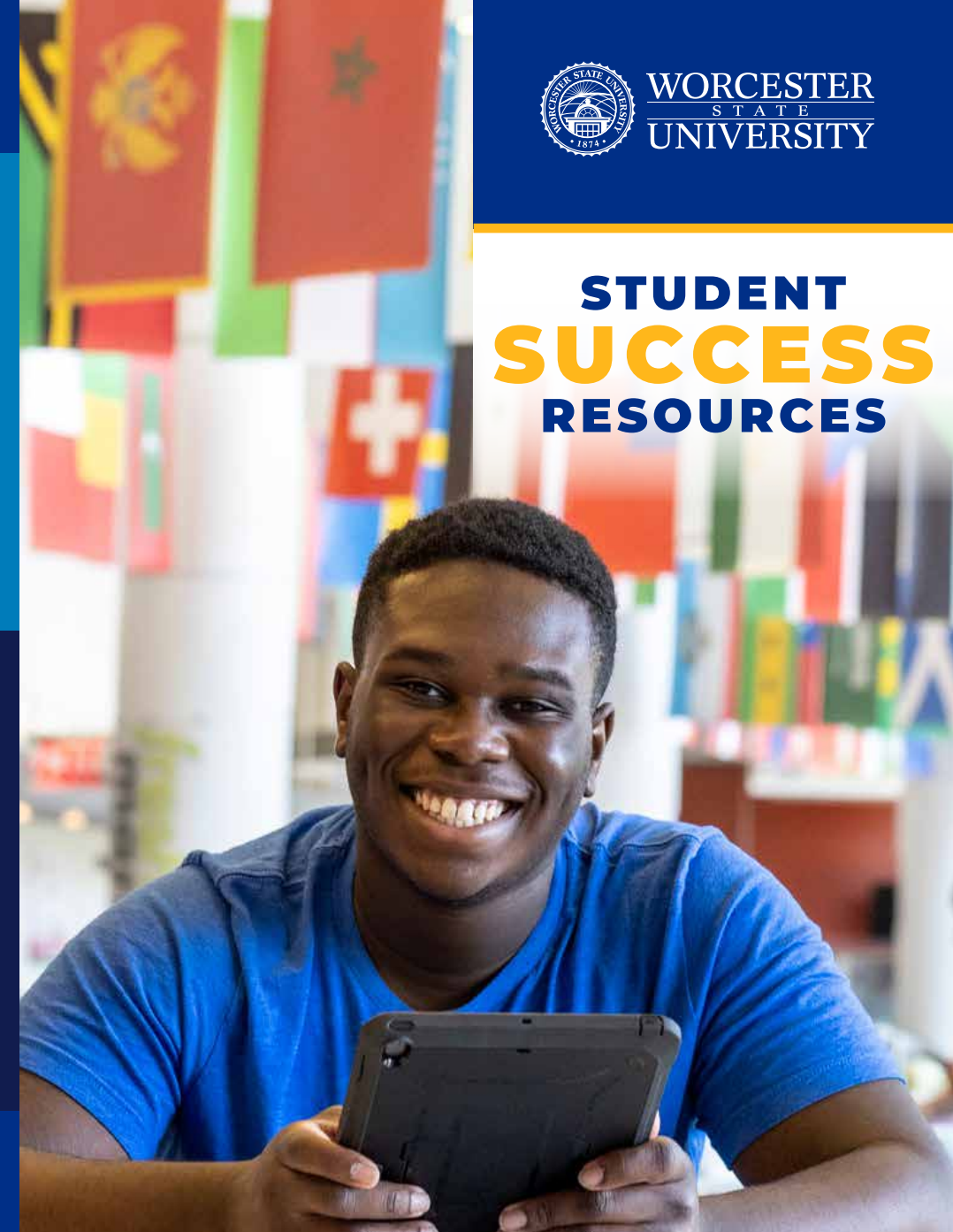
Worcester State University Retention Office
Administration, Room 162
Phone: (508) 929-8325
worchester.edu/retention-office

The Retention Office at Worcester State is here to assist new and returning students overcome unforeseen obstacles. From the management of our early alert system, Starfish, to connecting students with a Success Coach, the Retention Office is here to support students on the path towards degree completion.



WORCESTER
STATE
UNIVERSITY

STUDENT SUCCESS RESOURCES



CONNECT WITH PEOPLE & RESOURCES
on campus for help when you're stuck

© worchester.edu/retention-office

ACADEMICS

Academic Success Center

- Administration, Room 130, Ext. 8139
worchester.edu/academicsuccess
- Attend registration workshops during the fall and/or spring semester to prepare for course registration
 - Complete math, English or foreign language placement testing
 - Seek information about CLEP (College Level Examination Program)
 - Withdraw or take a leave of absence from the University

Bookstore

- Student Center, First Floor, Ext. 8591
wsbkstr.com
- Buy or rent textbooks and purchase WSU apparel
 - Buy classroom supplies (for art classes go to CC Lowell; for photography class go to LB Wheaton's)
 - Buy snacks and health and beauty products

Continuing Education

- Administration, Room 401, Ext. 8127
worchester.edu/continuing-education
- Register for evening, weekend, summer, and winter Continuing Education schedule (pre-term)

Information Technology

- LRC, 3rd floor, Ext. 8856
worchester.edu/information-technology
- Get help with your laptop repairs, hardware, software at the Laptop Repair Depot
 - Get help with BlackBoard, WebAdvisor/Student Planning or WSU Gmail
 - Get your username and password reset
 - Get general computer skills support
 - Get help with your printing needs (OneCard required)

Library

- LRC, 2nd and 3rd Floors, Ext. 8027
worchester.edu/library
- Seek research assistance from Library staff (libguides.worchester.edu/askus)
 - Access authoritative resources including 350+ databases, 150,000+ journal, magazine, and newspaper subscriptions, 200,000+ eBooks, and 125,000+ books
 - View tutorials and research guides developed by Library staff (libguides.worchester.edu)
 - Access course materials held in Reserves Collection

Registrar

- Administration, Room 107, Ext. 8035
worchester.edu/registrar
- Update your name, gender identity, address, and telephone number
 - Order official and unofficial transcripts
 - Change or declare your major or minor
 - Complete Add/Drop and/or Pass/Fail paperwork
 - Get help with Degree Audit questions and issues
 - Receive Consortium registration information
 - Have an off-campus course approved
 - Receive VA benefits

FINANCIAL

Financial Aid

- Administration, Room 150, Ext. 8056
worchester.edu/financial-aid
- Find out the status of your financial aid
 - Find out how to apply for financial aid at WSU for next year
 - Use excess money for books, laptops, and classroom materials
 - Get answers about finding a Federal Work-Study job

OneCard

- Administration, Room 140, Ext. 8888
worchester.edu/onecard
- Get your School ID (OneCard)
 - Add money to your OneCard online, through CMC machines around the campus, or at the office
 - Freeze your account if your OneCard is lost or stolen (online, at the OneCard office, or University Police)

Student Accounts

- Administration, Room 140, Ext. 8051
worchester.edu/sp-student-accounts
- Pay your bill
 - Get answers to questions about your bill
 - Waive the health insurance premium
 - Ask questions about student account balances

Student Emergency Fund

- Student Center, Room 344, x8077
worchester.edu/Student-Emergency-Fund
- Assists students by providing limited emergency financial support when they need assistance with unforeseen and unavoidable emergency circumstances
 - Awards are not considered loans and do not require repayment

SAFETY & SECURITY

Title IX

- Student Center, Room 338, Ext. 8243
worchester.edu/title-IX
- Civil Rights law
 - Applies to all genders
 - Handles reports of sexual misconduct, domestic/dating violence, stalking, gender-based discrimination and retaliation
 - Provides support measures to all impacted individuals

University Police

- Wasylean Hall, Room 102, Ext. 8911
worchester.edu/police
- Get help in case of an emergency call 8911 or 8044
 - Report a crime
 - Oversees lost and found items
 - Houses Parking & Transportation Office

STUDENT LIFE

Campus Ministry

- worchester.edu/campus-ministry
- Attend interfaith religious services
 - Participate in pastoral counseling
 - Attend various ministry programs

Career Services

- Student Center, Room 345, Ext. 8941
worchester.edu/career-services
- Get information about an academic major
 - Get information about a career or occupation
 - Refine your interviewing skills
 - Develop a resume or cover letter
 - Get assistance in finding a job

Commuter Services

- Student Center, 2nd floor, Ext. 8545
worchester.edu/sp-commuter-services
- Connect and stay informed about upcoming activities and events
 - Meet other commuter students and plan events for commuter students
 - Get involved in Commuter Activities Board (CAB)

Dining Services

- Student Center, 3rd floor
508-752-1118
worchester.edu/dining-services
- Purchase a meal plan
 - Learn more about campus dining

Information Desk

- Student Center, 1st floor, Ext. 8731
- Receive info about campus events/theatre tickets
 - Purchase discounted movie tickets

International Programs

- Student Center, Suite 317, Ext. 8835
worchester.edu/international-programs
- Inquire about F-1 and J-1 international students and scholars
 - Get information about study abroad and study away opportunities

Mail Center

- LRC, Room 128
worchester.edu/sp-admin-services
- Mail packages (UPS or USPS; packing provided; available to all students; requires OneCard funds)
 - Pickup packages (available to all students; includes confirmation email when received)

Military Affairs and Veterans Services

- Student Center, Room 336, Ext. 8884
worchester.edu/military-and-veteran-students
- Get connected with other veteran students
 - Receive information, services, and support to assist with the transition to the campus community
 - Receive access to state, federal and non-profit services

Residence Life and Housing

- Sheehan Hall, Suite 101, Ext. 8074
woolife.worchester.edu
- Learn about the First-Year Residential Experience program
 - Discuss any questions or concerns about living on campus
 - Submit a maintenance request for your residence hall room
 - Change your resident student meal plan
 - Follow up on information read in our #wooweekly newsletter

Resource Room

- Student Center, Room 103, Ext. 8518
- Poster printing, flyers, banners, and photocopying; requires OneCard funds
 - Transparencies and laminating; requires OneCard funds

Student Involvement and Leadership

- Student Center, 2nd Floor, Ext. 8073
worchester.edu/student-involvement
- Get involved in extra-curricular activities
 - Join a club or organization
 - Explore Leadership Development opportunities